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Newsletter for the North Haven  
Surf Life Saving Club

[www.northhavenslsc.com.au](http://www.northhavenslsc.com.au)

March 2005



With thanks to our major sponsors



Mr  
Robert  
Gerard



## **STATE CHAMPIONSHIPS 2004/05 WRAP-UP**

### **Masters States**

Congratulations to all the Masters amongst us that competed in the championships this year on the 19<sup>th</sup> and 20<sup>th</sup> of February. A strong turnout for North Haven, resulting in a bag of medals coming back to the club, including 2 Gold, 5 Silver, and 2 Bronze.

Full wrap up can be seen on the club website, under the Competitions & Results link.

### **Senior States**

Senior States were held the weekend of the 5<sup>th</sup> and 6<sup>th</sup> of March. Congratulations to those who competed. We might have only managed to bring 1 Bronze home (Michael Foureur in the Under 19 2km Run), but we were consistently placed highly in the finals, only just missing out on medal placing's.

A list of the results we managed can be seen on the website also.

Special thanks to those who assisted with other club commitments on the weekend. – See next page.

### **Junior States**

The Nippers made their trek south this year for Junior States on the 26<sup>th</sup> and 27<sup>th</sup> of February.

While unfortunately no medals came home from the weekend with them, all the competitors put in some super efforts and made some personal bests with their events.

Special mention needs to be made for the all age beach relay, consisting of Alisha Oaklands, Joni Moody, Gabi Richards, Josh Sheridan, Adam Oaklands and Brett Homes – Placing 6<sup>th</sup> in the event overall.

Junior Lifesavers of the Year Awards – Shana Print & Tyler Burrowes



# Northern Exposure



## Annual Breakwater to Breakwater Swim

It's on again! The annual Breakwater to Breakwater swim will be held Sunday 3<sup>rd</sup> of April – The weekend after Easter. Start time for the event is around 9:30, so we ask you to arrive from 9am for your registration.

Entry fee is \$5, with presentations and a BBQ for all after the event. Everyone is welcome to compete, and that includes non-club members. Requirements are that you are over 12 years of age, and confident in being able to swim 1km.

Club Members – Not competing? Then we also need volunteers for water cover, officiating, BBQ duties, Bar duties etc.

For more information, contact David Lucas (0414 853 018).

## Senior States Weekend

The weekend of the 5<sup>th</sup> and 6<sup>th</sup> of March was a particularly busy one for the club. Not only did we have a number of our competitors head to Christies Beach for the State Titles, but we had 2 triathlon water covers to provide, and of course our patrol responsibilities. This included one all-morning triathlon on the Friday, which meant that many of the volunteers took time off work.

We thank all of the following for their support and time over the weekend.

### Friday Triathlon Water Cover

Troy, Brett, Sarah, Kimberly, Penguin, Brian & Rat

### Saturday Patrol

David, Shane, Paula, Brian & Jim

### Sunday Triathlon Water Cover

Troy, Brendan, David, Penguin, Brian, Krystal & Colleen

### Sunday Patrol

Penguin, Lori, David, Peter & Sue Stevens

Extra thanks to those who's names appear more than once on that list.

## Club Security Update

There have been a number of issues noted by the Management Committee in regards to various access doors being properly locked (or lack of). In recent times, the double doors have not been secured properly when members have closed up for the night after patrol or training. The major issue with these doors is that the top bolts are coming undone and the doors can be pried loose.

**PLEASE MAKE SURE THAT YOU NOT ONLY CLOSE THE DOORS FULLY, BUT SLIDE BOTH BOLTS AT THE TOP OF THE DOORS UP AND TURN THEM TO SECURE THEM IN PLACE, AND THEN SWING THE CROSS-BAR OVER AT THE MIDDLE.**

Ensuring that these doors are both shut and secured properly is vital for club security, as they are highly exposed to the weather and can be a easy access point for people to break in.

A second point that has been discovered is the door directly into the hall. Members should note that simply pulling it shut is not tripping the lock fully anymore. To secure this door properly, from the inside you need to slightly lift it as you pull it closed. Once it's pulled shut all the way, you will hear the catch trip shut and click. This is not a hard thing to do, please remember to do it when you close up. Note that the door in the corner closest to the boat shed isn't the problem door.

Remember, when you switch the alarm on you are accepting responsibility for having secured the premises. We can trace back to who locked up (through the individual alarm codes), and repeat offenders may have their alarm code de-activated.

## Club Marathon & Championships

Late notice on these events – Apologies. However, these two club events are defiantly on again this year and we look forward to a strong attendance.

The Marathon is being held Saturday 12<sup>th</sup> of March, with a start time of 3pm. We ask you to arrive at around 2:30 to 2:45 to allow the event to start on time.



# Northern Exposure



The Championships will be held the following weekend on Saturday the 19<sup>th</sup> of March. Start time for this event is 12:30pm, so again we ask you to arrive at around 12noon to allow the event to start in good time.

All proficient Bronze Medallion and Surf Rescue Certificate holders are eligible to attend both of these events. For more information on either event, please contact Shaun Brown – 0413 452 977.

## A word for one of our sponsors...

*Port Adelaide Enfield Council*



Sincere thanks must be extended to the Port Adelaide Enfield Council for their continued support of the North Haven SLSC.

Along with the club being exempt from paying council rates, the club has received three grants that have been of great value to the club.

1. \$500 to purchase 15 training manuals for Bronze Medallion and Surf Rescue Certificate squads.
2. \$500 to purchase 13 long sleeve shirts for the nippers and 10 sets of handles for foam boards.
3. \$2000 which was used to print 10,000 professionally designed advertising brochures for the Nippers which will be distributed just before season 2005/06.

The North Haven Surf Life Saving Club is appreciative of the support given to us consistently by the Port Adelaide Enfield Council and looks forward to working with them in the future.

## Our club's next tri-athlete?



Congratulations and well done to our own Ian Doveton. Ian was spotted running down the lakeside path during the West Lakes triathlon on

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the 27<sup>th</sup> of February – After we thought he was going to help with the water cover.

By his own admission, he went “OK”. His dad however reports that Ian finished 4<sup>th</sup> in his age group and 34<sup>th</sup> overall. WELL DONE IAN.

## Chocolate Fundraiser

There has been a very positive response to the chocolate drive this year. We experimented with a different sort of chocolate, and by all reports they have sold very well at workplaces (and members home fridges with intentions of taking them to work).

This is just a reminder message to those people who have already taken boxes. If you have the money sitting at home, please drop it into the club as soon as possible.

We also have a small number of boxes remaining to be sold. If you are able, please take another to sell. The more money we make from these fundraisers, the less we will have to find later on to fund the building. Contact David Lucas ([d\\_lucas@bigpond.net.au](mailto:d_lucas@bigpond.net.au)) for more boxes.

## Friday Night Meals

Head along to the club for a fantastic meal at great prices, and a few drinks with other members.

Also be present for the weekly members draw. Current jackpot to 14 cans. Make sure you're not one to miss out when your name comes out the box.



Make sure you watch the bar page of our club website for specials and vouchers.

Don't forget, the club also has shirts and stubbie holders available for members to purchase. Good quality and well worth the investment. \$8 for the stubbie holder and \$15 for the shirt.

## STOP PRESS!

**Due to a private hall hire, the club kitchen will be closed on Friday the 18<sup>th</sup> of March. Meals and the bar will NOT be available for members on this night.**



# Northern Exposure



## Newsletter & Website Advertisements

Anyone that has anything that they would like to have placed either in the newsletter or on the club website can do so at any time. Just send all the relevant information to David via email with either NEWSLETTER or WEBSITE in the subject line.

It has also been noted that members may object to their photos being posted on the website. While all due care is taken and photos are carefully assessed before being placed on the website, if any member has an objection to any photo, please do not hesitate to contact David. Photos of Nippers will not be placed on the website except after receiving express approval from parents/guardians of the Nippers. This is an on-going issue and will be reviewed in the near future.

## Storage of Personal & Club Equipment

Undoubtedly you will be well aware of the situation in the boat shed where there seems to be a ever increasing amount of boards, skis, and other equipment being stored. Some of this is club equipment while there is a number of personal craft being stored there. The result is a clutter of equipment that is often in the road.

Storage of personal equipment in the club boat shed is a privilege to members. Members that do not renew their memberships will be asked to remove this equipment from the shed to make room for the rest of us. If you know of equipment being stored there when it shouldn't be, please speak to a member of management.

As a general reminder, craft should not be left on the concrete or paved floor of the shed, on the surf boat, or on the IRB's or 4WD. All boards and skis need to be kept on the various racks and trailers within the shed. Not putting the craft on the racks will damage them quicker, creates a Occupational Health & Safety hazard, and prevents patrol members from accessing the equipment.

## What is The Phantom?

While we don't think he's not exactly the comic book type, there is a Phantom of sorts within the club. An anonymous letter from someone claiming to be "The Phantom of NHSLSC" was delivered to the club Promotions Officer for publication. Here is just a small excerpt from the letter.

Wherever you are in the Club, I hear and see it all. I am the Phantom.

It has come to my attention that our very own Chef De Jour and all round handyman decided his new house needed a new double bed, which he duly purchased in kit form. He promptly set about assembling it in his own confident and tradesman like manner but due to a small incompetency, coupled with some heavy bedroom behaviour, his prime piece of construction fell to pieces on its maiden voyage. I'm lead to believe that the only thing hurt was his pride. It is not the Phantom's nature to criticise so I leave this card for him for future reference. He may also like to pass the details on to a certain little flightless bird who had some problems with a tape measure some months ago!!



Finally, who was it (and my sources tell me it was a twin) who preferred to wear his green jocks instead of his Club bathers during a patrol inspection? At least the Phantom wears his over his tights.

So for the good goss and advice ... I am the Phantom.

The full letter can be viewed at the address below.

We are looking forward to the next installment from The Phantom. To keep up to date with The Phantom and the reports, be sure to keep an eye on his corner of the website, available to be viewed 24 hours a day at - [www.northhavenslsc.com.au/thephantom](http://www.northhavenslsc.com.au/thephantom).

If you too have some gossip you'd like The Phantom to investigate, he can be contacted on [thephantom@northhavenslsc.com.au](mailto:thephantom@northhavenslsc.com.au).